



# Field Hockey Skills & Drills

This clinic is a fun instructional program run by Sarah Williams of Element Athletics and NHS Coach along with the Recreation Department to teach the fundamentals of the game of field hockey. Players will be divided up into 1st-3rd, 4th-6th, and 7th-8th grades on the first day. Each child will be supplied a stick and ball while at practice. Children are responsible for providing their own shin guards and mouth guard. If players choose, they are more than welcome to bring their own stick.

**For: Grades 1 - 8**

**Dates: July 27 - 30**

**Days: Monday - Thursday**

**Rain Date: Friday, July 31**

**Time: 6:00-7:15 p.m.**

**Fee: \$65, non-resident \$75, includes t-shirt**  
\$10 late fee for registering on Monday or later for program

**Location: TBA**

**Director: Sarah Williams, NHS Varsity Coach, Owner - Element Athletics**



For further info, contact the Northampton Parks & Recreation Dept. at 587-1040, 90 Locust St.  
or check out the website at [www.northamptonma.gov/recreation](http://www.northamptonma.gov/recreation).



## Field Hockey Skills & Drills

Child's Name—first & last	Gender	Date of Birth	Age	Grade fall 2015	School

  

PARENT/ GUARDIAN	Parent 1/Guardian	Parent 2/Guardian (complete if any field is different)
First & Last Name		
Street Address		
City or Town		
Zip Code		
Home Phone #		
Mobile Phone #		
Emergency Phone #		
Email Address		

- **Amount Enclosed:** \$\_\_\_\_\_ \$65, (non-res. \$75) *Checks payable to: City of Northampton*
- Charge my: Visa \_\_\_ Master Card \_\_\_ Discover \_\_\_ Card Number \_\_\_\_\_ Exp. Date: \_\_\_\_\_  
Cardholders Name: \_\_\_\_\_ Signature: \_\_\_\_\_
- Where did you hear about this program?  
In it last year \_\_\_\_\_ program guide \_\_\_\_\_ flyer \_\_\_\_\_ other \_\_\_\_\_

For Office use only: Amt. Received \$\_\_\_\_\_ Date \_\_\_\_\_ Staff \_\_\_\_\_ Entered \_\_\_\_\_